

Taste of Israel Shabbat Dinner Created and Prepared by the KI Shabbos Chefs Society

Salads (Salatim) סלטים

Apple & Fennel Slaw (DF,GF) - סלט תפוחים ושומר

Crisp apples and fresh fennel, thinly sliced and lightly dressed for a refreshing crunch with just a hint of natural sweetness.

Israeli Salad (Tomato & Cucumber Medley (DF,GF)) - סלט ישראלי

A classic Israeli favorite featuring juicy tomatoes (ideally Roma or San Marzano), crunchy cucumbers, and finely diced red onions. Tossed with fresh parsley, olive oil, lemon juice, and zest, and finished with a pinch of salt and black pepper for a bright, herb-infused flavor.

Pickled Red Cabbage (DF,GF) - כרוב בתחמיץ

A tangy, colorful blend of red cabbage with white vinegar, sugar, and a touch of oil, salt, and pepper. This pickled delight brings a vibrant, zesty contrast to every bite.

Appetizers (Mita'avneem) - מתאבנים

Traditional Hummus (DF,GF)- חומוס מסורתי

Smooth and creamy hummus made from Israeli-sourced dried chickpeas, raw tahini, and fresh lemon juice, with a touch of salt, pepper, and cumin for depth, providing the perfect rich and nutty dip.

Roasted Eggplant Spread (DF,GF) - ממרח חצילים קלויים

Smokey and rich, this eggplant purée is blended with garlic and herbs, capturing the depth of Mediterranean flavors in each spoonful.

וsraeli Pita - פיתה בתנור אבנים

Freshly baked to perfection, these warm, stone-baked pitas have a soft, pillowy interior and a lightly crisped crust, perfect for scooping and pairing with dips..

Ureamy Tahini (DF,GF)- טחינה קרמית

Smooth, nutty tahini, perfect for drizzling, dipping, or adding depth to any dish.

Main Course (Mana Ikarit) - מנה עיקרית

Chickpea Falafel (DF,GF)- פלאפל ביתי

Golden, crisp chickpea patties seasoned with fresh herbs and spices, with a tender, flavorful interior that's packed with aromatic goodness.

Spiced White Rice with Lentils (DF,GF)- אורז לבן מתובל

Fluffy basmati rice, delicately spiced for a warm, aromatic base with lentils

Savory Chicken Shawarma (DF, GF)- שווארמה

Marinated dark meat chicken slices, perfectly roasted with bold, traditional shawarma spices, bringing an authentic, rich taste with every bite.

Dessert (Kinuchim) - קינוחים

Fresh Seasonal Fruit (DF,GF)- מבחר פירות העונה

A colorful assortment of ripe, seasonal fruits, offering a light and refreshing finish to the meal.

Medjool Dates (DF,GF)- תמר מג׳הול

Soft, naturally sweet dates, providing a wholesome and traditional treat to conclude the meal.

Assortment of Israeli Candies

Fan favorite chocolates from Israel- nut, dairy, gluten-free!